



Monday	Tuesday	Wednesday	Thursday	Friday
	30	1 8:30 Exercise w/Jan 8:30 Podiatrist 10:00 Seamstress Diane Maruzzi 10:00 Friends Meeting 1:00 Bingo Book Sale Quilting Guild	2 8:30 Law Office of Attorney Spano & Dawicki 9:00 Whist 9:00 Podiatrist 10:00 Line Dancing 10:00 Bible Study 12:30 Cards 1:00 Chair Yoga 2:00 Piano Sing-a-long Book Sale	3 8:30 Exercise w/Jan 10:00 Line Dancing 12:30 Movie/Cards 12:30 Art Class Book Sale
6 9:30 Quilting 10:00 Line Dancing 10:30 Esthetician 12:30 Mah Jongg 1:00 Cards 1:00 Yoga w/Joan 2:00 Falun Gong	7 9:30 Weight Lifting 10:00 Furniture refinishing @ Saugus High School 10:00 Shine Rep by appointment only 12:15 Knit & Crochet 12:30 Oil Painting 1:00 Cards 1:00 Piano Sing-a-long	8 8:30 Exercise w/Jan 8:30 Podiatrist 10:00 Seamstress Diane Maruzzi 1:00 Bingo	9 9:00 Whist 10:00 Bible Study 10:00 Line Dancing 12:30 Cards 12:30 Association Meeting 1:00 Spring Tea Social 1:00 Chair Yoga 2:00 Piano Sing-a-long	10 8:30 Exercise w/Jan 10:00 Mary Marino Hearing Clinic 10:00 Line Dancing 12:30 Movie/Cards 12:30 Art Class
13 9:00 LinneaStar Metaphysical Seminar 9:30 Quilting 10:00 Line Dancing 12:30 Mah Jongg 1:00 Cards 1:00 Yoga w/Joan 2:00 BOARD MEETING 2:00 Falun Gong	14 9:30 Weight Lifting 10:00 Shine Rep by appointment only 12:15 Knit & Crochet 12:30 Caregiver's Support 12:30 Oil Painting 1:00 Cards 1:00 Piano Sing-a-long	15 8:30 Exercise w/Jan 9:00 Podiatrist 10:00 Seamstress Diane Maruzzi 12:00 Veteran's Food Market 1:00 Bingo	16 9:00 Whist 10:00 Bible Study 10:00 Line Dancing 12:30 Cards 1:00 Chair Yoga 2:00 Piano Sing-a-long PIZZA PARTY/DANCE 5:30-8:30 \$10.00	17 8:30 Exercise w/Jan 10:00 Line Dancing 12:30 NO MOVIE 12:30 Art Class
20 9:30 Quilting 10:00 Line Dancing 12:30 Mah Jongg 1:00 Cards 1:00 Yoga w/Joan 2:00 Falun Gong	21 9:30 Weight Lifting 10:00-1:00 Health Fair 10:00 Shine Rep by appointment only 12:15 Knit & Crochet- 12:30 Oil Painting 1:00 Cards 1:00 Piano Sing-a-long	22 8:30 Exercise w/Jan 8:30 Podiatrist 10:00 REIKI 10:00 Seamstress Diane Maruzzi 1:00 Bingo 1:00 VETERAN'S COFFEE HOUR	23 9:00 Whist 10:00 Line Dancing 10:00 Bible Study 12:30 Cards 1:00 Chair Yoga 2:00 Piano Sing-a-long	24 8:30 Exercise w/Jan 10:00 Line Dancing 12:30 NO MOVIE 12:30 Art Class
27 9:00 Blood Pressure 9:30 Quilting 10:00 Line Dancing 11:30 INDOOR BBQ 12:30 Mah Jongg 1:00 Cards 1:00 Yoga w/Joan 2:00 Falun Gong	28 9:30 Weight Lifting 10:00 Shine Rep by appointment only 12:15 Knit & Crochet- 12:30 Caregiver's Support 12:30 Oil Painting 1:00 Cards 1:00 Piano Sing-a-long	29 8:30 Exercise w/Jan 10:00 Seamstress Diane Maruzzi 1:00 Bingo	30 9:00 Whist 10:00 Line Dancing 10:00 Bible Study 12:30 Cards 1:00 Chair Yoga 2:00 Piano Sing-a-long	