



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
9:30 Quilting 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Yoga w/Joan 2:00 Falun Gong	9:30 Weight Lifting 10:00 SHINE REP. by appointment only 1:00 Cards 10:00 Furniture refinishing & Restoring w/chair caning @ Saugus High School 10:30 Country Lind Dance <b>12:30 Steering Committee</b> 1:30 Oil Painting 12:15 Knit & Crochet 1:00 Piano sing-a-long	8:30 Exercise w/Jan 8:30 Podiatrist <b>10:30 Esthetician</b> <b>9:00 Blood Pressure</b> <b>10:00 Friends Meeting</b> 10:00 Yoga 1:00 Bingo	<b>8:30 ATTORNEY SPANO</b> 9:00 Whist 10:00 Bible Study 12:30 Cards 9:00 Podiatrist 1:00 Chair Yoga 1:00 Piano sing-a-long	8:30 Exercise w/Jan 12:15 Movie/Cards 12:30 Art Class 1:00 Computer Class
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>9:00 LinneaStar Metaphysical Seminar</b> 9:30 Quilting <b>9:30 TRIAD</b> <b>10:15 Free Hearing Screening</b> 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Yoga w/Joan 2:00 Falun Gong <b>2:00 Board Meeting</b>	9:30 Weight Lifting <b>9:00 Taxes</b> 10:00 SHINE REP. by appointment only 10:30 Country Lind Dance <b>12:30 Caregiver's Support Group</b> 12:15 Knit & Crochet 10:00 Furniture refinishing & Restoring w/chair caning @ Saugus High School 1:00 Cards 1:30 Oil Painting 1:00 Piano sing-a-long	8:30 Exercise w/Jan 8:30 Podiatrist <b>9:00 Blood Pressure</b> 10:00 Yoga 1:00 Bingo	9:00 Whist 10:00 Bible Study <b>12:30 Association Meeting</b> 12:30 Cards 1:00 Chair Yoga 1:00 Piano sing-a-long	8:30 Exercise w/Jan 10:00 Line Dancing <b>11:30 Special Valentine Pizza Party Luncheon and Dance with the Carrtunes \$6.00</b> 12:15 Movie/Cards 12:30 Art Class 1:00 Computer Class  
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>PRESIDENTS DAY</b>    <b>CENTER CLOSED</b>	<b>9:30 Blood Pressure</b> <b>9:00 Taxes</b> 9:30 Weight Lifting 10:00 SHINE REP. by appointment only 10:30 Country Lind Dance 12:15 Knit & Crochet 10:00 Furniture refinishing & Restoring w/chair caning @ Saugus High School 1:00 Cards 1:30 Oil Painting 1:00 Piano sing-a-long	8:30 Exercise w/Jan 10:00 Yoga 1:00 Bingo <b>10:00 Massage Therapy with Jean DeThomas</b> <b>10:00 Pharmacist from Walmart</b>	9:00 Whist 10:00 Bible Study 12:30 Cards 9:00 Podiatrist 1:00 Chair Yoga 1:00 Piano sing-a-long	8:30 Exercise w/Jan 10:00 Line Dancing 12:15 Movie/Cards 12:30 Art Class 1:00 Computer Class
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>9:00 Blood Pressure</b> 9:30 Quilting 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Yoga w/Joan 2:00 Falun Gong	9:30 Weight Lifting <b>9:00 Taxes</b> 10:00 SHINE REP. by appointment only 10:30 Country Lind Dance 12:15 Knit & Crochet <b>12:30 Caregiver's Support Group</b> 10:00 Furniture refinishing & Restoring w/chair caning @ Saugus High School 1:00 Cards 1:30 Oil Painting 1:00 Piano sing-a-long	8:30 Exercise w/Jan 8:30 Podiatrist <b>10:00 Seamstress Diane Maruzzi</b> 10:00 Yoga 1:00 Bingo	9:00 Whist 10:00 Bible Study <b>11:30 SPECIAL LUNCHEON WITH NAVY CHEF JOHN CANNON &amp; ENTERTAINMENT \$4.00</b> 12:30 Cards 1:00 Chair Yoga 1:00 Piano sing-a-long	8:30 Exercise w/Jan 10:00 Line Dancing 12:15 Movie/Cards 12:30 Art Class 1:00 Computer Class