

WHAT IS AS RARE AS A DAY IN JUNE?

By Dick Barry

Its – A day to get married.

A day to graduate.

A day to cheer the first day of summer.

A day to visit the Senior Center to have lunch.

A day to just lounge in the backyard and smell the flowers.

(The marriage contract allows those of you over seventy)

JUNE TELLS – Be kind to our friends and neighbors

June tells us – Be strong and fly our flag with pride on June 14th.

If I can stop one heart from breaking

I shall not live in vain.

If I can ease one life the aching

Or cool one pain

Or help one lonely person into happiness again

I shall not love in vain.

JUNE TELLS US – Listen to words of wisdom

Youth is not entirely a time of life. It is a state of mind. Nobody grows old by merely living a number of years. People grow old by deserting their ideas. You are as young as your faith, as old as your doubt, as young as your self confidence, as old as you feel, as young as your hope, as old as your despair.

General Douglas MacArthur

HERE'S TO FATHERS EVERYWHERE

Father's Day will be observed this year on Sunday, June 19th. It should turn out to be a happy day for many but for others it may be a day to recall special memories.

Fathers like Mothers are special people deserving of recognition and appreciation. In the real world, Fathers very early in life assume a heavy burden laden with a large share of worry and responsibility.

However, come hell or high water, you know "Good Old Day" will set the course and will eventually

achieve his goal of bringing responsible young people into the adult world.

I can clearly recall my father even though he was only around for fifteen of my years. He was very strong on patriotism, politics and religion. He never missed a “wake” or a funeral. My later political interests clearly came from my father.

Eleanor and I are very fortunate to have four children in which we take great pride. Maureen, Richie, Stephen and Kathleen. We are also privileged to have three grandchildren, Ashley, Cole and Amanda plus two great grandchildren Noah and Lucia. The Barry dynasty is well on its way.

A DAY IS LOST IN WHICH ONE HAS NOT LAUGHED

By Dick Barry

John thinks his wife feels that he is too nosy. At least that’s what she keeps scribbling in her diary.

Two men met in heaven. After discussing the food and accommodations, they start to talk about life on earth and how they ended up on a cloud. The first explained that he froze to death. The second went on to explain what happened to him. “I had a rough time. I was very suspicious of my wife. One day I returned home early so I could catch her. I ran into the house. I had the feeling that a man was there somewhere. I looked in every room, every closet, under every bed. I got so excited I had a heart attack and died.” The first man said, “It’s a shame you didn’t look in the freezer. We’d both be alive today.”

While driving down a highway, a motorist was surprised to see a police officer motioning for him to pull off the road. The man drove onto the shoulder and pulled down his window.

“What’s the matter officer? Was I going too fast?”

“No pal, it’s your wife. She fell out of the car two exits back.”

The man sighed, “Thank God! I thought I had gone deaf.”

A local Minister paid a courtesy call to Mrs. Brown last week. He gold her because of her age she should be

thinking of the hereafter. She told him “I do it all the time. No matter where I am. In the parlor, upstairs or in the garage. I ask myself now what am I here after?”

A pastor was called to a local Senior Center facility to perform a wedding. An anxious old man met him at the door. The pastor sat down to counsel the old man and asked several questions.

“Do you love her?”

The old man replied, “Nope.”

“Is she a good Christian woman?”

“I don’t know for sure” said the man.

“Does she have a lot of money?” asked the pastor.

“I doubt it”.

“Then why are you marrying her” asked the pastor.

“Cause she can drive at night.”

Peter was telling his friend about his power at home.

“I’m the boss at home. Just this morning there was no hot water. I blew up. I demanded hot water and got hot water. I can’t wash the dishes in cold water.”

The judge said to Mr. Murphy in court. “Why did you throw a pot of geraniums at your wife?”

Murphy replied, “Because of the advertisement your honor.”

The judge asked, “What advertisement?”

Murphy replied, “Say it with flowers.”

Our friend Henry told us he recently ate at a nice family restaurant. Every table had an argument.

Sam bought a book on “How to become the boss of the family.” But his wife won’t let him read it.

The key to success preached a motivational speaker is to read, read, read. “What should we read?”

Well responded the speaker, “Find out what unsuccessful people are reading . . . and don’t read it.”

The old men in Ireland have an unusual way of proposing marriage. They don’t say “I love you” no

they say, “How would you like to be buried with my people.

A little girl asked her mother, “How did the human race begin on earth? Her mother replied, “God made Adam and Eve and they had children and their children had children and so on. And that’s how humans began.”

A few days later, the little girl asked her father the same question and he answered. “Many millions of years ago, there were just apes from which the human race evolved.”

The confused little girl returned to her mother and said, “how come you say humans came from God and daddy says they came from an ape.”

“It’s really simple sweetie, I told you about my side of the family and your father told you about his.”

BOOK SALE

Our Book Sale will start May 30th Stop in and brows, you are sure to find many books of your interest. Paperback 10 for \$1.00 Hardcover 2 for \$1.00

SPRING TEA SOCIAL

The Saugus Senior Center in conjunction with the Saugus Senior Association will be hosting a Spring Tea Social on Thursday, June 9th from 1:00-2:30. It will be an afternoon of tea, desserts, raffles and piano music. If you would like, bring your own fancy tea cup otherwise we will provide one here for you. FREE admission if you bring a dessert. If you are not able to bring a dessert we are asking for a donation of \$2.00. The more desserts we have the better the selection. *Please sign up in the back office.*

ASSOCIATION MEETING

The Association meeting for June will be held before the Spring Tea Social at 12:30 on June 9th. To become a member of the Association contact Delores Venetsanakas at 781-595-2673.

FREE HEARING CLINIC

Mary Marino of Mary's Affordable Hearing Aids will be doing a hearing clinic on the 2nd Friday of each month. The next clinic will be held on Friday, June 10th from 10:00 to 12:00. Mary is a true professional in her field with 13 years of experience in the hearing industry. If you have any questions about your hearing, would like your existing

hearing aids checked or would like a screening please stop in to see her.
Call 781-249-5330 to make an in home appointment.

FLAG DAY-JUNE 14th

I am your flag
I am the flag of the United States of America
I am called “Old Glory”
I am called the Star Spangled Banner
I am the rocket’s red glare
The bombs bursting in air.
I am the trenches in France, Belgium, Anzio Normandy,
Omaha Beaches, Guadalcanal, and Korea
I am the jungle of Vietnam, the hills of Afghanistan, and the
sands of Desert Storm.
I am “One Nation under God”
I am the names of those who never came back
To keep the republic free. When you salute me,
You salute them.
I am the symbol of America
The home of the Free and the Brave.

LINNEA STAR

LinneaStar, “A Morning of Metaphysical Messages”, on Monday, June from 9:00-11:00 a.m. LinneaStar will be at the Senior Center Cost: \$25. Pre- registration is required. Please call 781-231-4178 and speak to Laurie.

HE’S BACK.....

**♪♪ EVENING DANCE & PIZZA PARTY –
WITH PETE SARAN ♪♪**

The next Pizza party/Dance will be held on Thursday, June 16th at 5:30. We will be serving 2 slices of pizza, salad, and soda. Serving will begin at 5:30 followed by dancing to the music of Pete Saran. Bring some friends, its lots of fun. Obtain your ticket in the back office in advance. Due to the fact that the cost of pizza has gone up, and we are being charged more for each pizza, we will now be charging \$10.00 a ticket. **(ATTENTION: Please call and sign up in advance, if you plan on coming, so that we are able to order pizza accordingly).**

TICKETS MUST BE PURCHASED IN ADVANCE

HEALTH FAIR – TUESDAY, JUNE 21st 10:00-1:00

Saugus Council on Aging and Hallmark Health VNA and Hospice are co-sponsoring a health fair to be held at the Saugus Senior Center.

The Health Fair will be held on Tuesday, June 21st from 10:00 a.m. to 1:00 p.m. More than 30 vendors will participate and offer free cholesterol screens, blood pressure and much more. A free continental breakfast and free raffle prizes will highlight the day. Save the date and bring a friend!

REIKI IS BACK!!!!

Reiki with Sue, Sue Rando is a certified USUI Reiki practitioner. Reiki is touch therapy that promotes healing of mind, body and spiritual relaxation. Sue will be offering 20 minute sessions at \$10.00 for Seniors. Sue is taking appointments now for her June 22nd Session and then will be here at the Saugus Senior Center the first and third Wednesday of the month. Please sign up in the back office with Laurie. Payment is due at the time of sign up.

VETERANS' COFFEE HOURS

Wednesday, June 22nd 1:00 – 2:00

Join Tom Moran, Veteran Liaison with Compassionate Care Hospice to have coffee and to converse about years in the service. Tom was in the Army branch and was in The National Guard for 13 1/2 years. All are welcome. The group meets every fourth Wednesday from 1:00-2:00.

INDOOR BB-Q AND

ENTERTAINMENT BY THE

WAKEFIELD RETIRED MEN'S CLUB BAND

Join US in celebrating the 4th of July...on Monday, June 27th at 11:30, for our annual BBQ by our daily caterer, Citi-Fresh, and entertainment by the Wakefield Retired Men's Club Band. This thirty-five to forty piece concert band has been in existence for over twenty-five years and has played at numerous private and public events throughout Boston's North Shore.

Lunch will consist of: Cheeseburger, Hot Dog, Potato Salad, and a dessert Tickets: \$5.00

YOU MUST BUY YOUR TICKETS IN ADVANCE

THANK YOU TO

**SPRING FLING PROM FOR SENIORS– Hosted
by the Saugus High School National Honor
Society – Here at the Saugus Senior Center**

Thank you to the Saugus High National Honor Society for hosting our first “Senior prom” A wonderful time was had by all!

BOUTIQUE

The boutique is in need of greeting cards. All titles are needed except BIRTHDAY cards. We appreciate your continued support.

SHINE (Serving the Health Information Needs of Seniors)

Trained SHINE counselors offer free, confidential counseling on all aspects of Medicare and related health insurance programs. For more information, meet with our SHINE counselor, here at the Saugus Senior Center. To make an appointment with the SHINE counselor here, please contact Cheryl Roberto at 781-231-4180. You may also call the Regional SHINE office at Mystic Valley Elder Services at 781-388-4845 or if you live on the North Shore, please call our satellite office at North Shore Elder Services at 978-750-4540.

MEDICAL EQUIPMENT LOAN PROGRAM

For seniors in need of a walker, wheelchair, shower chair, transfer bench, commode, canes, etc., our Senior Center can provide the item on loan at no charge, BASED ON AVAILABILITY. Please call the Senior Center at 781-231-4180 to check on availability.

TRIAD SCAM ALERT

Have you received this phone call lately? “This is your final notice. The IRS is filing a law suit against you if you do not pay them immediately”. Saugus residents have been receiving this telephone call. It is a SCAM! Do not fall prey to these people. **The IRS will never phone or e-mail you!!** If you should receive such a call just hang up!!!

VETERAN SERVICES

Veterans and Veteran Family Members you may be eligible for financial assistance!

Chapter 115 is a town program that provides a financial and medical assistance for fixed income veterans, spouses, and widows. Qualifying veterans and their dependents receive financial assistance for food, shelter, clothing, fuel, and medical care. If your income is below or near \$ 1945 for 1 person and \$2621 for two people please contact the Veteran Services office immediately.

We are open:
M-W 9-4 & F 9-12:30

Alicia Marie Reddin
Veteran Services Officer
Town of Saugus 781-231-4010

SEAMSTRESS

Seamstress, Diane Maruzzi will be at the Center on Wednesday's 10:00-11:00 to perform alterations. Any questions, you may call Diane at 781-233-4654.

LINE DANCE CLASSES

Line Dancing with Cindy - Mondays 10:00 – 11:00
Line Dancing with Kris – Thursday, 10:00-11:00
Line Dancing with Charlotte – Friday, 10:00 – 11:00

BLOOD PRESSURE

4th Monday of the month June 27th @ 9:00

TRANSPORTATION

The Saugus Senior Center offers rides for Saugus residents that are Senior Citizens to come to the center for lunch Monday through Friday. **\$1.00 round trip**
We also offer trips to Stop and Shop or to the mall on **Thursday mornings only. \$3.00 round trip**
Medical rides to Saugus, Lynn, Lynnfield Salem, Stoneham, Melrose and Peabody. **\$4.00 each way**
For appointments and details call Mary at 781-231-4179

GE MATCHING GIFT PROGRAM

The Friends of the Saugus Senior Center have been accepted by the GE Matching Gift program. Your gift of \$25 or more may be matched dollar for dollar!

This program is for current GE employees, and retirees of the GE. We encourage GE people to help us out. Your donation is tax deductible.

Eligible donors should make their checks payable to: Friends of the Saugus Senior Center and mark it "Eligible for GE Foundation Match" under memo. Send to: Friends of the Saugus Senior Center, 466 Central Street, Saugus, MA 01906.

Report your contribution to: The GE Foundation Matching Gift Center at 1-800-305-0669. When you call you will need to have the following information ready. Your SSO number, zip code of the Senior Center 01906, the amount of your gift, the date of your gift.

VISIT OUR WEBSITE AT
www.SaugusSeniorCenter.org and
www.SaugusSC.org

TREE OF LIFE

A good way to support the Senior Center is to buy a leaf on the Tree of Life. Donations of \$250.00 or more to the Saugus Senior Center will provide a beautifully scripted leaf on the Tree of Life, showing the name of the person that makes the donation or if in memory, the name of the person that is being memorialized.

IN MEMORIAM

Gifts in loving memory of the following people have been made to the Living Memorial. **BEVERLEY SNOWDON** from Judy Wood, Virginia Price, Arthur Rees, Janet McGann, Charles and Thelma Davis, Danielle LeBlanc, Inez Taatjes, Barbara Merrithew, Carl and Betty Tedder. **JEAN NEVILLE** from Ann Baird, Astrid Napolitano, Dorothy Amsden, Virginia McKenna, Pauline Kimball, Betty Frongillo, Anastasia Kirby, Shirley Bogdan, Dottie Bockus, Rosalie Palmeri, Inez Taatjes, Charles and Martie Varney. **HILDE RUGGERI** from Astrid Napolitano and Marge Berkowitch. **EVELYN KUSHLAN** from Dottie Bockus, Carl and Betty Tedder. **THOMAS DENIER** from Elizabeth Denier. **ANGIE NICOLO** from The Ciampa Nieces

Father's day remembrance for **CHESTER RICHARDS, THOMAS MCGANN SR. and THOMAS MCGANN JR.** from Jan McGann.

Father's day remembrance for **CHESTER RICHARDS and JOHN TAATJES SR** from Inez Taatjes.

Sincere thanks to all our friends for their generous contributions to the Living Memorial Fund.
Betty Frongillo & Astrid Napolitano, Living Memorial Chairpersons

During our recent fund drive many people have contributed money in memory of their loved ones. We acknowledge the following: **Maureen** from Robert Strickland.

Dottie Bockus, Treasurer of the Friends

TRIPS TRIPS TRIPS

THESE TRIPS ARE OPEN TO THE PUBLIC

NO AGE LIMIT

***Refunds for day trips must be cancelled 5 days in advance
(unless ticketed event*NO REFUND)***

2016

JUNE:

6/3 FOXWOODS **\$28.00**

6/16 NEWPORT PLAYHOUSE
 Play/Buffer
Luncheon/Cabaret **\$89.00**

6/23 SUPERSTARS OF COUNTRY
 Venus De Milo
 \$89.00

6/28-29 FOXWOODS/MOHEGAN
 Stay at Foxwoods/3
Meals/Gaming **\$169.00**

JULY:

7/8 FOXWOODS **\$28.00**

7/14 LOBSTER BAKE LUNCH CRUISE
Luncheon/Cruise **\$89.00**

7/17-25 NOVA SCOTIA, CAPE BRETON,
PRINCE EDWARD ISLAND,
NEWBRUNSWICK
7 Nights/15 Meals/Show/Touring
 \$2,399.00

7/31-8/1 LAKE GEORGE/SARATOGA
SPRINGS
4 Meals/Touring/Races **\$299.00**

AUGUST:

10/18 NEW ENGLAND GOES COUNTRY
Luncheon/Show **\$89.95**

NOVEMBER:

11/4 FOXWOODS **\$28.00**

11/1-3 TURNINGSTONE RESORT
3 Meals/\$105 Coin Play/\$80
Bingo **\$269.00**

11/18 “A SILVER SIZZLE REVIEW”
Broadway Hits/Lucianos **\$89.00**

DECEMBER:

12/2 FOXWOODS **\$28.00**

12/4-5 “CHRISTMAS NEW YORK STYLE”
Tours/Dinner Theater/Rockettes
\$399.00