** TOWN OF SAUGUS**

 BOARD OF HEALTH

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**When to use your self-test:**

* Consider using your COVID-19 self-test prior to attending any large gatherings this holiday season. This is especially important if you are attending an even with any unvaccinated persons/children, or anyone that may be immunocompromised.
* Consider using your COVID-19 self-test if you know you have been exposed to someone with COVID-19

**How to use your self-test:**

* Follow the instructions included with your COVID-19 self-test kit.
* Having trouble? Please scan the QR code to watch a simple YouTube tutorial with clear instructions.

 

**My test came back positive, what should I do?**

* Call your primary care physician.
* Begin isolation immediately.
* Inform all close contacts (people you have been in immediate contact with for more than 15 minutes over the past 48 hours).
* Please visit [Saugus-MA.gov](file:///C%3A%5CUsers%5Cjfralick%5CDesktop%5Csaugus-ma.gov) for further information!