



Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Quilting 2 10:00 SHINE REP. by appointment only 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Chair Yoga w/Cindy Gray 2:00 Falun Gong Holiday Bazaar	9:30 Weight Lifting 3 10:00 Furniture refinishing & Restoring w/chair caning @ Saugus High School 10:00 SHINE REP. by appointment only 12:15 Knit & Crochet 12:30 Steering Com. Mtg. 1:00 Cards 1:00 Sing-a-long Holiday Bazaar	8:30 Exercise w/Jan 4 8:30 Podiatrist 9:00 Blood Pressure 9:30-2:30 Manicures by appointment only 10:00 Friends Meeting 12:45 Bingo QUILTERS GUILD Holiday Bazaar	8:30 Law office of Attorney Spano & Dawicki 5 9:00 Whist 10:00 Bible Study 10:00 Line Dancing 12:30 Cards 1:00 Chair Yoga w/Cindy Gray Holiday Bazaar	8:30 Exercise w/Jan 6 10:00 Line Dancing 10:00 Weight lifting 12:30 STATE REPRESENTATIVE DONALD WONG CHRISTMAS PARTY 12:30 Art Class Holiday Bazaar
9:00 Quilting 9 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Chair Yoga w/Cindy Gray 2:00 Falun Gong 2:00 Board Meeting	9:30 Weight Lifting 10 10:00 Furniture refinishing & Restoring w/chair caning @ Saugus High School 12:15 Knit & Crochet 12:30 Caregiver's Support Group 1:00 Cards 1:00 Sing-a-long	8:30 Exercise w/Jan 11 8:30 Podiatrist 9:00 Blood Pressure 9:30-2:30 Manicures by appointment only 9:30 Salem Five Bank 9:30 Fuel Assistance-Leo 10:00 Seamstress-Diane Maruzzi 10:00 FREE HEARING SCREENING w/Mary Marino 12:45 Bingo	9:00 Whist 12 10:00 Bible Study 10:00 Line Dancing 12:30 Cards 1:00 Chair Yoga w/Cindy Gray	8:30 Exercise w/Jan 13 10:00 Line Dancing 10:00 Weight lifting 12:30 Movie/Cards 12:30 Art Class
9:00 Quilting 16 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Chair Yoga w/Cindy Gray 2:00 Falun Gong	9:30 Weight Lifting 17 10:00 SHINE REP. by appointment only 10:00 Furniture refinishing & Restoring w/chair caning @ Saugus High School 12:15 Knit & Crochet 1:00 Cards 1:00 Sing-a-long	8:30 Exercise w/Jan 18 8:30 Podiatrist 9:30 EASTERN BANK 9:30-2:30 Manicures by appointment only 10:00 Seamstress-Diane Maruzzi 10:30-12:00 Veteran's Food Market 12:45 Bingo	9:00 Blood Pressure 19 9:00 Whist 10:00 Bible Study 10:00 Line Dancing 12:30 Cards 11:30 ROTARY CHRISTMAS LUNCHEON 1:00 Chair Yoga w/Cindy Gray	8:30 Exercise w/Jan 20 10:00 Line Dancing 10:00 Weight lifting 12:30 Movie/Cards 12:30 Art Class
9:00 Blood Pressure 23 9:00 Quilting 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Chair Yoga w/Cindy Gray 2:00 Falun Gong	9:30 Weight Lifting 24 10:00 Furniture refinishing & Restoring w/chair caning @ Saugus High School CENTER CLOSED DIRECTLY AFTER LUNCH	25  CENTER CLOSED	26 9:00 Whist 10:00 Bible Study 10:00 Line Dancing 12:30 Cards 1:00 Chair Yoga w/Cindy Gray	27 8:30 Exercise w/Jan 10:00 Line Dancing 10:00 Weight lifting 12:30 Movie/Cards 12:30 Art Class
30 9:00 Quilting 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Chair Yoga w/Cindy Gray 2:00 Falun Gong	9:30 Weight Lifting 31 10:00 Furniture refinishing & Restoring w/chair caning @ Saugus High School CENTER CLOSED DIRECTLY AFTER LUNCH			