





Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Quilting 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Yoga w/Joan 1:00 Chair Yoga w/Cindy 2:00 Falun Gong BOOK SALE	3 MANICURIST BY APPT. 9:30 Weight Lifting 9:30 BLOOD PRESSURE 12:15 Knit & Crochet 1:00 Cards 1:00 Piano Sing-a-long BOOK SALE	4 CENTER CLOSED  HAPPY 4TH OF JULY	5 8:30 Law office of Spano & Dawicki PUBLIC HEALTH NURSE 9:00 Whist 10:00 Line Dancing 12:30 Cards 1:00 Chair Yoga w/cindy BOOK SALE	6 8:30 Exercise w/Jan 10:00 Line Dancing 10:00 Weight Lifting 12:30 MOVIE 12:30 Cards 12:30 Painting Class BOOK SALE
9 9:30 Quilting 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Yoga w/Joan 1:00 Chair Yoga w/Cindy 2:00 Falun Gong 2:00 Board Meeting	10 MANICURIST BY APPT. 9:30 Weight Lifting 10:00 SHINE REP. by appointment only 12:15 Knit & Crochet 1:00 Cards 12:30 Caregiver's Support Group 1:00 Piano Sing-a-long	11 8:30 Exercise w/Jan 8:30 Podiatrist 9:30 Salem Five 10:00 Seamstress-Diane Maruzzi 12:45 Bingo Quilters Guild	12 PUBLIC HEALTH NURSE 9:00 Whist 10:00 Line Dancing 12:30 Cards 1:00 Chair Yoga w/cindy	13 8:30 Exercise w/Jan 10:00 Line Dancing 10:00 Weight Lifting 12:30 MOVIE 12:30 Cards 12:30 Painting Class
16 9:30 Quilting 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Yoga w/Joan 1:00 Chair Yoga w/Cindy 2:00 Falun Gong	17 MANICURIST BY APPT. 9:30 Weight Lifting 11:30 INDOOR BBQ & ENTERTAINMENT \$5.00 MUST GET TICKETS IN ADVANCE 12:15 Knit & Crochet 1:00 Cards 1:00 Piano Sing-a-long	18 8:30 Exercise w/Jan 8:30 Podiatrist 10:00 Seamstress-Diane Maruzzi 11:00 VETERAN'S FOOD MARKET 10:00 Eastern Bank 12:45 Bingo	19 9:00 Whist PUBLIC HEALTH NURSE 9:00 BloodPressure 10:00 Line Dancing 12:30 Cards 1:00 Chair Yoga w/cindy PIZZA PARTY/DANCE 5:30-8:30 \$10.00 	20 8:30 Exercise w/Jan 10:00 Weight Lifting 10:00 Line Dancing 12:30 MOVIE 12:30 Cards 12:30 Painting Class
23 9:00 Blood Pressure 9:30 Quilting 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Yoga w/Joan 1:00 Chair Yoga w/Cindy 2:00 Falun Gong	24 MANICURIST BY APPT. 9:30 Weight Lifting 10:00 SHINE REP. by appointment only 12:15 Knit & Crochet 12:30 Caregiver's Support Group 1:00 Cards 1:00 Piano Sing-a-long	25 8:30 Exercise w/Jan 8:30 Podiatrist 9:30 Senior Whole Health 10:00 Seamstress-Diane Maruzzi 12:45 Bingo	26 PUBLIC HEALTH NURSE 9:00 Whist 10:00 Line Dancing 12:30 Cards 1:00 Chair Yoga w/cindy	27 8:30 Exercise w/Jan 10:00 Line Dancing 10:00 Weight Lifting 12:30 MOVIE 12:30 Cards 12:30 Painting Class
30 9:30 Quilting 10:00 Line Dancing 12:30 Mah Jong 1:00 Cards 1:00 Yoga w/Joan 1:00 Chair Yoga w/Cindy 2:00 Falun Gong	31 MANICURIST BY APPT. 9:30 Weight Lifting 12:15 Knit & Crochet 1:00 Cards 1:00 Piano Sing-a-long			