

Saugus Public Schools
25 Dow Street
Saugus, Ma 01906

Saugus Wellness Committee
25 Dow Street
Saugus, MA 01906
(*School Committee Room*)

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TOWN CLERK'S OFFICE
TOWN OF SAUGUS, MASS.

February 8, 2024 @ 12:00 noon

1. Call to Order
 - a. Pledge of Allegiance
2. Chairman's Report:
 - a. Recap of Last meeting (November 2, 2023)
3. Agenda Items:
 - a. Krystal Mellonakos-Garay- *Regional Prevention Coordinator*: Chelsea, Revere, Saugus, MassCALL3 Youth Substance Use Prevention Grant
 - i. Update on the Youth Risk Behavior Survey (YRBS)
 - ii. Update on Youth Mental Health First Aid
 - iii. Recap of De-Stress Fest at Saugus High School
 - b. Caitlin Jacobs and Danielle Pierce, *Saugus Community Mental Health Liaisons*
 - i. Discussion of the upcoming SEL Day event, to be at the Belmonte STEAM on March 8th.
 - ii. Update on the Saugus Public School's Mental Health Program.
4. Public Comment:
5. Adjournment