

SAUGUS

RESOURCES FOR THOSE UNDER QUARANTINE and/or ISOLATION for COVID-19

AN IMPORTANT MESSAGE FROM THE SAUGUS SENIOR CENTER

TO ALL OUR SAUGUS SENIOR RESIDENTS

As you may know, due to the vulnerability of the population age 60 and over to the COVID-19 virus, the Saugus Senior Center has been closed indefinitely since the start of this pandemic. However, the Senior Center staff is available by phone to assist our senior community in any way necessary. Office hours are from 8:00 a.m. – 3:30 p.m. However, you may call and leave a message at any time, (please let the phone ring until you hear an answering machine), and we will do our best to assist you with any need you may have as soon as possible. Please call us at (781) 231-4178 if you are a senior and require assistance, wellness checks and/or any nutritional or essential service. We are all in this together, so please check in with your neighbors during this time that we are “safer at home.” Remember, you are not alone, and the Saugus Senior Center is here to assist you in getting through these very challenging times. We are very hopeful the doors of our Senior Center will be open soon!

- Food Bank: Friday Morning 9:30 am to 11 am at the Clifftondale Congregational Church, 50 Essex Street

Contact Wendy Reed at 781-640-6131

- Healthy Student Program (Grab & Go Meals): Veterans School, 39 Hurd Avenue

Monday and Thursday 10:00 am to 12:00 pm

- Senior Center: Residents 55 years of age and older. 466 Central Street

Meals and Food: Contact office at 781-231-4178

- Veterans Mobile Market: Third Wednesday of every month 10:30 am to 12 noon

Contact Jay Pinette at 781-231-4010 to register

- Pharmacies: CVS, Walgreens & Walmart

All deliver medications except narcotics, sedatives and refrigerated medications. Delivery may take 1 to 3 days. Fedex fee waived during pandemic

Pick up can be arranged through the Senior Center. Call 781-231-4178.